

Meet Meghan

BACKGROUND

Meghan, an emergency dispatcher, suffered from chronic swelling in her legs. She works 12-hour shifts, alternating between days and nights. Meghan prefers to work at a standing desk but says that chronic swelling made her feel as though “cinder blocks” were on her legs after prolonged standing. She experienced the same problem at home when she tried to enjoy her favorite hobby, baking.

TREATMENT TYPES

Meghan was treated for chronic venous insufficiency (CVI) with two separate ablation procedures and prescription stockings, but her swelling persisted and she endured a painful cellulitis infection. She saw her general practitioner for persistent swelling and was diagnosed with lymphedema secondary to obesity and CVI. Her doctor sent Meghan to weekly treatment with a lymphedema therapist and also prescribed a Flexitouch system for daily home therapy.

RESULTS

Despite her demanding hours, Meghan now uses the Flexitouch system every day after work, in the comfort of her own home. After three months of Flexitouch use, Meghan continues to experience leg volume reduction and finds it easier to stand for a long time. She uses her standing desk more often, and recently baked 12-dozen cupcakes for her friend’s wedding.

Individual results may vary.



Before Flexitouch

3 Month Post Flexitouch

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